



Picture what's possible

See what life could look like in retirement

To get your Retirement Profile

Visit [TIAA.org/pfr](https://www.tiaa.org/pfr)

Need a TIAA online account login?

You'll need one to get your Profile. Visit [TIAA.org/register](https://www.tiaa.org/register) to register.

To get advice or information

Call **888-583-2535**

How will you spend your time in retirement?

Visit with family, travel, indulge your love of a favorite activity like yoga, swimming or hiking?

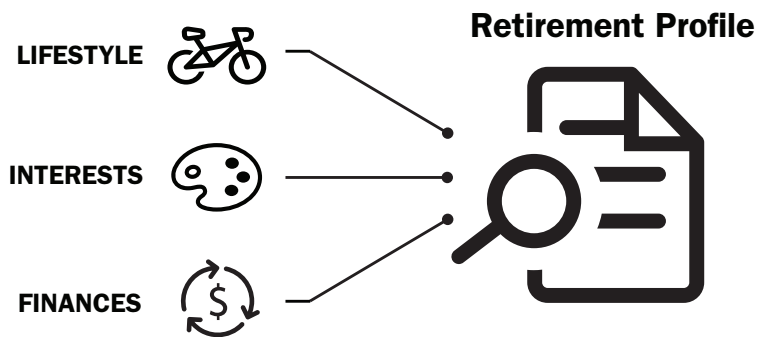
When you visit *Preparing for Retirement* at [TIAA.org/pfr](https://www.tiaa.org/pfr), you get access to a wealth of insights and resources to help you navigate the road ahead. You can also log in, answer a few questions and get a Retirement Profile to help you start planning for the retirement you want.

Explore a range of retirement topics

Preparing for Retirement offers in-depth articles on key retirement topics, such as how to set up an income plan, Social Security claiming strategies, considerations for leaving a legacy and more. You can view examples of income plans and learn the step-by-step considerations for building your own. And, you can hear from real people who share their experiences of what's worked for them in retirement.

What is a Retirement Profile?

It takes your preferences into account—like where you want to live and how you want to spend your time—to give you a picture of what your life in retirement might look like and how much income you may need. You can even watch a short video to see how it works.



NEW Retirement Timeline feature can help you track your personal retirement milestones!



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