

Appendix B:

CONCERNING BEHAVIORS

Amount or quality of sleep: unusual sleep patterns or noticeable changes in sleep patterns.

Anger: inappropriate displays of aggressive attitude/temper.

Change, escalation, or contextually inappropriate firearms behavior: interest in or use of firearms that appears unusual given the active shooter's background and experience with firearms.

Changes in weight or eating habits: significant weight loss or gain related to eating habits.

Hygiene or personal appearance: noticeable and/or surprising changes in appearance or hygiene practices.

Impulsivity: actions that in context appear to have been taken without usual care or forethought.

Interpersonal interactions: more than the usual amount of discord in ongoing relationships with family, friends, or colleagues.

Leakage: communication to a third-party of the intent to harm another person.

Mental health: indications of depression, anxiety, paranoia or other mental health concerns.

Other: any behavior not otherwise captured in above categories that causes more than a minimal amount of worry in the observer.

Physical aggression: inappropriate use of force; use of force beyond what was usual in the circumstances.

Physical health: significant changes in physical well-being beyond minor injuries and ailments.

Quality of thinking or communication: indications of confused or irrational thought processes.

Risk-taking: actions that show more than a usual disregard for significant negative consequences.

School performance: appreciable decrease in academic performance; unexplained or unusual absences.

Sexual behavior: pronounced increases or decreases in sexual interest or practices.

Threats/Confrontations: direct communications to a target of intent to harm. May be delivered in person or by other means (e.g., text, email, telephone).

Use of illicit drugs or illicit use of prescription drugs: sudden and/ recent use or change in use of drugs; use beyond social norms that interferes with the activities of daily life.

Use or abuse of alcohol: sudden and/or recent use or changes in use of alcohol; use beyond social norms that interferes with the activities of daily life.

Violent media usage: more than a usual age-appropriate interest in visual or aural depictions of violence.

Work performance: appreciable decrease in job performance; unexplained or unusual absences.