



# EMPLOYEE BENEFITS AT A GLANCE

(Benefits listed are for eligible RCUH Employees. Refer to applicable policies by clicking the links/  
underlined text below. View [Benefits Spotlight](#) for more information!)

## Qualifying Life Events

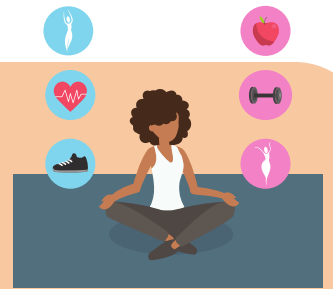
Qualifying Events, which may affect your eligibility to change/enroll for health benefits (or flexible spending plans), include:

- Marriage •Divorce •New Child •Relocation •Loss of Coverage
- New FTE •Domestic Partnership •Civil Union Partnership



## Health & Well-being

- Health Plans: HMSA, Kaiser, HDS
  - Gym Memberships
  - Mental Well-being Assistance
- Flexible Spending Account - Healthcare Expense (pre-tax)
- Well-being Offerings & Virtual Care Platforms
- Employee Assistance Program (MetLife)
- UH Affiliate - Access to UH Services including Health Services, Student Services, and Gym



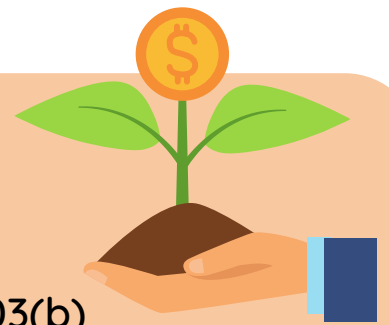
## Time-off, Life & Family

- 13 Paid State holidays (14 during General Election)
- Paid Time Off/Leaves: Vacation, Sick, Jury Duty, Bereavement, Military, Blood Donation, Parent-Teacher Conference
- Flexible Spending Account - Dependent Care Expense (pre-tax)
- Family & Medical Leave



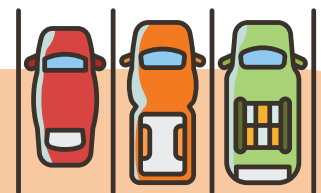
## Financial Well-being

- Retirement Planning
- Group Retirement Annuity (GRA) 401(a)
- Supplemental Retirement Annuity (SRA) 403(b)
- Group Life Insurance
- Group Long-Term Disability Insurance
- Group Long-Term Care & Supplemental Plan
- Public Service Loan Forgiveness (PSLF) Eligible Employer



## Commuter Benefits

- Pre-tax Transportation Benefits Plan - Parking Expense Reimbursement
- Pre-tax Transportation Benefits Plan - Transit (bus pass only) Expense Monthly Reimbursement



## Career Development

- Tuition Reimbursement Program
- RCUH Training Portal (over 100 online courses available)
- UH Affiliate - Access to UH campus libraries

