HMSA: MED 762 / DRG 972 / VIS 0GC / CMP C02, THE RESEARCH CORPORATION OF THE UNIVERSITY OF HAWAII

Coverage for: Individual / Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.hmsa.com.

For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>http://www.healthcare.gov/sbc-glossary/</u> or call 1-800-776-4672 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	For <u>network providers</u> \$0 For <u>out-of-network providers</u> \$100 individual / \$300 family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. All services received from a participating or in-network provider will be covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain preventive services without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	 \$2,500 individual / \$7,500 family (applies to medical <u>plan</u> coverage). \$3,600 individual / \$4,200 family (applies to <u>prescription drug</u> coverage). 	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, payments for services subject to a maximum once you reach the maximum, any amounts you owe in addition to your <u>copayment</u> for covered services, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>http://www.hmsa.com/search/providers</u> or call 1-800-776-4672 for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> (unless otherwise defined by federal law), and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance</u> <u>billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.

Do you need a <u>referral</u> to	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .
see a <u>specialist</u> ?		



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common Medical	Services You May Need	What Yo	Limitations, Exceptions, & Other	
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	isit to treat an injury \$12 <u>copay</u> /visit 30% <u>coinsurance</u>		none
	<u>Specialist</u> visit	\$12 <u>copay</u> /visit	30% coinsurance	none
	Other practitioner office visit:			
lf you visit a health	Physical and Occupational Therapist	20% <u>coinsurance</u>	30% <u>coinsurance</u>	Services may require <u>preauthorization</u> . Benefits may be denied if <u>preauthorization</u> is not obtained.
care <u>provider's</u>	Psychologist	\$12 <u>copay</u> /visit	30% coinsurance	none
office or clinic	Nurse Practitioner	\$12 <u>copay</u> /visit	30% coinsurance	none
	<u>Preventive care</u> (Well Child Physician Visit)	No charge	30% <u>coinsurance;</u> <u>deductible</u> does not apply	Age and frequency limitations may apply. You may have to pay for
	<u>Screening</u>	No charge	30% coinsurance	services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed
	Immunization (Standard and Travel)	No charge	30% coinsurance	are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
	Diagnostic test			
	Inpatient	10% <u>coinsurance</u>	30% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if
	Outpatient	20% coinsurance	30% coinsurance	preauthorization is not obtained.
	X-ray			
lf you have a test	Inpatient	10% <u>coinsurance</u>	30% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if
	Outpatient	20% coinsurance	30% coinsurance	preauthorization is not obtained.
	Blood Work			
	Inpatient	10% <u>coinsurance</u>	30% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if
	Outpatient	20% coinsurance	30% coinsurance	preauthorization is not obtained.

Common Medical	Services You May Need	What Yo	Limitations, Exceptions, & Other		
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
	Imaging (CT/PET scans, MRIs)				
lf you have a test	Inpatient	10% coinsurance	30% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if	
	Outpatient	20% coinsurance	30% coinsurance	preauthorization is not obtained.	
	Tier 1 - mostly Generic drugs (retail)	\$7 <u>copay</u> /prescription	\$7 <u>copay</u> and 20% <u>coinsurance</u> /prescription; <u>deductible</u> does not apply	One retail <u>copay</u> for 1-30 day supply, two retail <u>copays</u> for 31-60 day supply, and three retail <u>copays</u> for 61-90 day supply.	
	Tier 1 - mostly Generic drugs (mail order)	\$11 <u>copay</u> /prescription	Not covered	One mail order <u>copay</u> for a 84-90 day supply at a 90 day at retail network or contracted mail order provider.	
If you need drugs to treat your illness or condition	Tier 2 - mostly Preferred Formulary Drugs (retail)	\$30 <u>copay</u> /prescription	\$30 <u>copay</u> and 20% <u>coinsurance</u> /prescription; <u>deductible</u> does not apply	One retail <u>copay</u> for 1-30 day supply, two retail <u>copays</u> for 31-60 day supply, and three retail <u>copays</u> for 61-90 day supply.	
More information about <u>prescription</u> drug coverage is	Tier 2 - mostly Preferred Formulary Drugs (mail order)	\$65 <u>copay</u> /prescription	Not covered	One mail order <u>copay</u> for a 84-90 day supply at a 90 day at retail network or contracted mail order provider.	
available at <u>www.hmsa.com</u> .			\$30 <u>copay</u> and 20% <u>coinsurance</u> /prescription; <u>deductible</u> does not apply	In addition to your <u>copay</u> and/or <u>coinsurance</u> , you will be responsible for a \$45 Tier 3 Cost Share per retail copay. Cost to you for retail Tier 3 drugs: One <u>copay</u> plus one Tier 3 Cost Share for 1-30 day supply, two <u>copays</u> plus two Tier 3 Cost Shares for 31-60 day supply, and three <u>copays</u> plus three Tier 3 Cost Shares for 61-90 day supply.	

Common Medical	Services You May Need	What Yo	Limitations, Exceptions, & Other		
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
If you need drugs to treat your illness or condition More information about prescription	Tier 3 - mostly Non-preferred Formulary Drugs (mail order)	\$65 <u>copay</u> /prescription	Not covered	In addition to your <u>copay</u> and/or <u>coinsurance</u> , you will be responsible for a \$135 Tier 3 Cost Share per mail order copay. Cost to you for mail order Tier 3 drugs: One mail order <u>copay</u> plus one mail order Tier 3 Cost Share for an 84-90 day supply at a 90 day at retail network or contracted mail order provider.	
drug coverage is available at www.hmsa.com.	Tier 4 - mostly Preferred Formulary <u>Specialty drugs</u> (retail)	\$100 <u>copay</u> /prescription	Not covered	Retail benefits for Tier 4 and Tier 5 drugs are limited to a 30-day supply. Available in participating Specialty	
	Tier 5 - mostly Non-preferred Formulary <u>Specialty drugs</u> (retail)	\$200 <u>copay</u> /prescription	Not covered	Pharmacies only.	
	Tier 4 & 5 (mail order)	Not covered	Not covered		
	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	30% coinsurance	none	
If you have	Physician Visits	\$12 <u>copay</u> /visit	30% coinsurance	none	
outpatient surgery	Surgeon fees	10% coinsurance (cutting)	30% coinsurance (cutting)	none	
		20% coinsurance (non-cutting)	30% coinsurance (non-cutting)	none	
	Emergency room care				
	Physician Visit	\$12 <u>copay</u> /visit	\$12 <u>copay</u> /visit; <u>deductible</u> does not apply	none	
lf you need	Emergency room	20% coinsurance	20% <u>coinsurance;</u> <u>deductible</u> does not apply	none	
immediate medical attention	Emergency medical transportation (air)	20% <u>coinsurance</u>	20% <u>coinsurance; deductible</u> does not apply	Limited to air transport to the nearest adequate hospital within the State of Hawaii, except in certain situations when transportation to the continental US is necessary for critical care in accord with HMSA's medical policy. Certain exclusions apply.	

Common Medical	Services You May Need	What Yo	Limitations, Exceptions, & Other	
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
If you need immediate medical attention	Emergency medical transportation (ground)	20% coinsurance	30% coinsurance	Ground transportation to the nearest, adequate hospital to treat your illness or injury.
allention	<u>Urgent care</u>	\$12 <u>copay</u> /visit	30% coinsurance	none
	Facility fee (e.g., hospital room)	10% coinsurance	30% coinsurance	none
If you have a	Physician Visits	\$12 <u>copay</u> /visit	30% coinsurance	none
hospital stay	Surgeon fee	10% coinsurance (cutting)	30% coinsurance (cutting)	none
		20% coinsurance (non-cutting)	30% coinsurance (non-cutting)	none
	Outpatient services			
If you have mental	Physician services	\$12 <u>copay</u> /visit	30% coinsurance	none
health, behavioral health, or	Hospital and facility services	10% coinsurance	30% coinsurance	none
substance abuse	Inpatient services			
needs	Physician services	10% coinsurance	30% coinsurance	none
	Hospital and facility services	10% coinsurance	30% coinsurance	none
	Office visit (Prenatal and postnatal care)	10% coinsurance	30% coinsurance	Cost sharing does not apply to certain preventive services. Depending on the
If you are pregnant	Childbirth/delivery professional services	10% coinsurance	30% coinsurance	type of services, <u>coinsurance</u> or <u>copay</u> may apply. Maternity care may include
	Childbirth/delivery facility services	10% coinsurance	30% coinsurance	tests and services described elsewhere in the SBC (i.e. ultrasound).
	Home health care	No charge	30% coinsurance	150 Visits per Calendar Year
lf you need help	Rehabilitation services	20% <u>coinsurance</u>	30% <u>coinsurance</u>	Services may require <u>preauthorization</u> . Benefits may be denied if <u>preauthorization</u> is not obtained. Excludes cardiac rehabilitation.
recovering or have	Habilitation services	Not covered	Not covered	Excluded service
other special health needs	Skilled nursing care	10% <u>coinsurance</u>	30% <u>coinsurance</u>	120 Days per Calendar Year. Includes extended care facilities (Skilled Nursing, Sub-Acute, and Long-Term Acute Care Facilities) to the extent care is for <u>Skilled nursing care</u> , sub- acute care, or long-term acute care.

Common Medical			Limitations, Exceptions, & Other	
Event			Out-of-Network Provider (You will pay the most)	Important Information
If you need help recovering or have other special	Durable medical equipment	20% <u>coinsurance</u>	30% <u>coinsurance</u>	Services may require <u>preauthorization</u> . Benefits may be denied if <u>preauthorization</u> is not obtained.
health needs	Hospice services	No charge Not covered		none
lf	Children's eye exam	\$10 <u>copay</u> /exam	All charges less \$35 <u>plan</u> payment; <u>deductible</u> does not apply	Limited to one routine vision exam per calendar year.
If your child needs dental or eye care		All charges less \$90 <u>plan</u> payment; <u>deductible</u> does not apply	The frequency in which you can obtain a pair of glasses may vary	
	Children's dental check-up	Not covered	Not covered	Excluded service

Excluded Services & Other Covered Services:

Ser	Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)							
•	Acupuncture	•	Dental care (Child)	•	Routine foot care			
•	Cardiac rehabilitation	•	Habilitation services	•	Weight loss programs			
•	Cosmetic surgery	•	Long-term care					
•	Dental care (Adult)	•	Private-duty nursing					
Oth	Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)							
			•		· · ·			
•	Bariatric surgery	•	Infertility Treatment (Artificial Insemination and	•	Routine eye care (Adult) (limited to services			
•	Bariatric surgery Chiropractic care (e.g., office visits, x-ray films -	•	•	•	· ·			
•	Bariatric surgery	•	Infertility Treatment (Artificial Insemination and In Vitro Fertilization. Please refer to your plan	•	Routine eye care (Adult) (limited to services			

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1) 1-800-776-4672 for HMSA; 2) (808) 586-2790 for the State of Hawaii, Dept. of Commerce and Consumer Affairs - Insurance Division; 3) 1-866-444-3272 or http://www.dol.gov/agencies/ebsa/laws-and-regulations/laws/affordable-care-act for the U.S. Department of Labor, Employee Benefits Security Administration; or 4) 1-877-267-2323 x61565 or http://www.cciio.cms.gov for the U.S. Department of Health and Human Services. Church plans are not covered by the Federal COBRA continuation coverage rules. Other coverage options may be available to you too, including buying individual insurance coverage through the

Health Insurance Marketplace. For more information about the Marketplace, visit http://www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

- For group health coverage subject to ERISA, you must submit a written request for an <u>appeal</u> to: HMSA Member Advocacy and Appeals, P.O. Box 1958, Honolulu, Hawaii 96805-1958. If you have any questions about <u>appeals</u>, you can call us at (808) 948-5090 or toll free at 1-800-462-2085. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>http://www.dol.gov/agencies/ebsa/laws-and-regulations/laws/affordable-care-act</u>. You may also file a <u>grievance</u> with the Insurance Commissioner. You must send the request to the Insurance Commissioner at: Hawaii Insurance Division, ATTN: Health Insurance Branch External Appeals, 335 Merchant Street, Room 213, Honolulu, Hawaii 96813. Telephone: (808) 586-2804.
- For non-federal governmental group health plans and church plans that are group health plans, you must submit a written request for an <u>appeal</u> to: HMSA Member Advocacy and Appeals, P.O. Box 1958, Honolulu, Hawaii 96805-1958. If you have any questions about <u>appeals</u>, you can call us at (808) 948-5090 or toll free at 1-800-462-2085. You may also file a <u>grievance</u> with the Insurance Commissioner. You must send the request to the Insurance Commissioner at: Hawaii Insurance Division, ATTN: Health Insurance Branch - External Appeals, 335 Merchant Street, Room 213, Honolulu, Hawaii 96813. Telephone: (808) 586-2804.

Does this Coverage Provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this Coverage Meet the Minimum Value Standard? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-776-4672. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-776-4672. Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-776-4672. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijijgo holne' 1-800-776-4672.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care ar delivery)	nd a hospital	Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
The <u>plan's</u> overall <u>deductible</u>	\$0	The <u>plan's</u> overall <u>deductible</u>	\$0	The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist copayment	\$12	Specialist copayment	\$12	Specialist copayment	\$12
Hospital (facility) coinsurance	10%	Hospital (facility) <u>coinsurance</u>			10%
 Other <u>coinsurance</u> 20% 		■ Other <u>coinsurance</u> 20%		■ Other <u>coinsurance</u>	20%
This EXAMPLE event includes services like: <u>Specialist</u> office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (<i>ultrasounds and blood work</i>) <u>Specialist visit</u> (<i>anesthesia</i>)		This EXAMPLE event includes services like: <u>Primary care physician</u> office visits (including disease education) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose meter)		This EXAMPLE event includes services like: Emergency room care(including medical supplies) Diagnostic test(x-ray) Durable medical equipment(crutches) Rehabilitation services(physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$0	Deductibles	\$0	Deductibles	\$0
Copayments	\$20	Copayments	\$300	<u>Copayments</u>	\$70
Coinsurance	\$1,300	Coinsurance	\$200	Coinsurance	\$400
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0

The total Joe would pay is

\$1,380

The total Peg would pay is

\$470

The total Mia would pay is

\$520